

What to Bring and How to Get There

Star Arts You Did Come Back!

June 16 – 23, 2018

Helpful and important information for our week together on Star

Please PRINT OUT and read this letter carefully, even if you think you know it already, as SOME IMPORTANT THINGS HAVE CHANGED!

THE BOAT LEAVES AT 2:25!

EMERGENCY CONTACT NUMBERS

The primary island phone line is [\(603\) 601-0832](tel:6036010832). The emergency backup line is [\(603\) 964-7252](tel:6039647252).

We have emergency contacts and phone number for each of our conferees. Please make sure this information is up to-date. Send any changes to Barbara Reynolds at stararts.registrar@gmail.com.

ELECTRONICS AND COMMUNICATIONS

Make your week on Star a chance to get closer to the natural world and fellow conferees without cell phones, iPods, and other noise makers. You can do it! We ask that cell phones be turned off, or, if an important call is expected, set to vibrate. Cell phone calls should be conducted from conferee bedrooms or other private areas. Bring your charging cord. You can recharge at the front desk, if necessary.

There is a small discreet business center in Cottage D with a few computers and wireless access for laptops. It is equipped with a printer and a copier. There are usage fees.

E-cigarettes are allowed on the island for use in designated smoking areas only. However, e-cigarette power sources NOT approved by the manufacturer, and e-cigarettes and/or batteries that have been modified in any way, are NOT permitted on Star Island.

GETTING THERE

Start of Conference

Saturday, June 16, 2018

Arrive at the Isles of Shoals dock between 11:00 and 1:00 p.m. Boarding begins at 2:15 pm, with the Thomas Loughton ferry departure at 2:55 pm.

The Isles of Shoals Steamship Company, which operates the Thomas Loughton, is located at 315 Market Street, Portsmouth, NH 03801 (Telephone [\(603\) 431-5500](tel:6034315500)) <http://www.islesofshoals.com/>

If you are lost or late, please contact Barbara Reynolds, Registrar at [339-206-5510](tel:3392065510)

End of Conference

Saturday, June 23, 2018:

Pay your hotel bill at the front desk from Sunday to Saturday morning (the earlier the better). All bills must be paid prior to departure. Bills can be paid by check, cash, American Express, Visa, Discover or MasterCard.

All luggage must be outside your room by 7:00 am. Board the Thomas Loughton at 8:00 am, depart the island at 8:20 am and return to the dock in Portsmouth at 9:30 am, depending on weather and sea conditions.

DRIVING DIRECTIONS

From 95 North (coming from the South)

Take NH Exit 7. At end of ramp, turn RIGHT at lights. You should be headed towards downtown Portsmouth. Go approximately $\frac{3}{4}$ mile, staying in the LEFT LANE as you approach the Portsmouth Sheraton (a large brick building) on your right. The entrance to the Isles of Shoals Steamship Company is on your LEFT, directly across from the Sheraton. The dock is located at 315 Market Street, Portsmouth, NH 03801.

From 95 South (coming from the North)

Take NH Exit 7. At end of ramp, turn LEFT at lights. You should be headed towards downtown Portsmouth. Go approximately $\frac{3}{4}$ mile, staying in the LEFT LANE as you approach the Portsmouth Sheraton (a large brick building) on your right. The entrance to the Isles of Shoals Steamship Company is on your LEFT, directly across from the Sheraton. The dock is located at 315 Market Street, Portsmouth, NH 03801.

Parking

An independent, commercial parking lot is available at the boat dock for \$12 per vehicle per day or any part of a day. For your convenience, payment is made on Star Island at the end of your stay. Parking fees will be added to your hotel bill and Star Island will reimburse the parking lot vendor.

PUBLIC TRANSPORTATION

Buses from Logan Airport, Boston, MA

Greyhound Bus

[800-231-2222](tel:800-231-2222) or local [617-526-1801](tel:617-526-1801)

www.greyhound.com

Rates per Person: one way or roundtrip \$19/\$38 – subject to change

Boston Bus Station: 700 Atlantic Ave., Boston, MA

Portsmouth Bus Station: 54 Hanover Street, Portsmouth, NH

Travel time to Portsmouth: 1.25 hours

Distance: 60 miles

Note: Take a taxi from the airport to the Greyhound Bus Station. The Greyhound Bus drops passengers in downtown Portsmouth (a 5 minute walk to the ISSCo dock.)

C&J Trailways (also serving NYC and South Station, Boston's train station)

[800-258-7111](tel:800-258-7111)

www.cjtrailways.com

Rates per Person from Logan Airport: one way \$24 – subject to change

Boston Pick Up: Designated airport locations

Portsmouth Bus Station: Pease Transportation Center, 185 Grafton Road, Portsmouth, NH

Travel time to Portsmouth: 1.25 hours

Distance: 60 miles

Note: There is a free trolley bus providing transportation to downtown Portsmouth (then a 5 minute walk to the dock). Taxis can also be called to meet you once you disembark the bus or ferry.

Shuttle Service - Logan Airport, Boston or Manchester Airport, Manchester, NH

Flight Line Airport Express

[800-245-2525](tel:800-245-2525)

Advanced reservations required

www.flightlineinc.com

Seacoast Airport Service

[866-431-1580](tel:866-431-1580)

Advanced reservations required

www.transportnh.com

Note: You can arrange to be dropped off or picked up at the Portsmouth Sheraton, right across the street from the ferry dock.

Taxis to or from the Dock

Anchor Taxi

[603-436-1888](tel:603-436-1888)

Advanced reservations required

Blue Star Taxi

[603-436-2774](tel:603-436-2774)

Uber

www.uber.com

OVERNIGHT ACCOMODATIONS

The Sheraton Portsmouth Harborside Hotel, 250 Market Street, Portsmouth, NH 03801, [\(603\) 431-2300](tel:6034312300) is across the street from the Ferry Dock.

Contact the Greater Portsmouth Chamber of Commerce, P.O. Box 239, Portsmouth, NH 03802, [603-436-3988](tel:6034363988), www.info@portsmouthchamber.org

WORKSHOPS

Please remember that there are no stores on Star Island other than the Gift Shop and Book Store. Please think about which workshop captures your interest and plan ahead. Bring what you can...and forget about the rest. As always, we will share resources and improvise!

Music Workshop with Bryan Cahall: “Myth, Music, and the Ecology of Mind.”

Conferees will explore the traditions of music and poetic storytelling, drawing on natural history, mythology, and ecology as guiding metaphors and sources of inspiration. Great for songwriters, storytellers, poets, naturalists, philosophers, and enthusiasts, the workshop will be tailored to meet the experience and specific interests of attendees as the week progresses. Bring pencil, paper, and an instrument (voices most definitely count. So do hands that clap and feet that stomp).

Writing with Jeanne Beckwith:

This interactive, weeklong workshop will focus on essential elements of playwriting and the creative process. In the morning sessions, participants will be introduced to basic elements of theater and production such as acting and directing, focusing on how they each relate to the development of “stageworthy” plays. Other sessions will be devoted to understanding action and conflict; character development; dialogue; and theme. Daily writing exercises will enable students to put into practice what they have learned. We will be reading the students’ work as it progresses with an eye to a short presentation at the end of the week.

Drama with Gary Glor: Acting 101 – How to Forget You’re Being Watched and Just Have Fun

The great thing about acting is there’s no ‘one way’ to do it. The goal is to help you overcome inhibitions by focusing on the task at hand rather than the audience, and to free up your creative self in structured exercises This culminates in working on an absurdly brief scene that should be as engaging to rehearse as it will be fun to perform.

Photography with Julie Williams-Krishnan: Following Your Light

Spend time each day exploring the beauty of the world around you – both inside and out – with your camera. This is a chance to use your camera to notice what you notice, to follow the light, respond to the voice within and the world without through the art and skill of photography. From beginner to advanced, spend time each day finding meaning, connecting to the universe, and sharing your findings with fellow photography sojourners. Each day will have some constructive advice and some time for photographing and feedback. End the week with a digital display of work from the course. This class will focus on some basic principles of photography, but will be more about inspiration and creative process, and taking time to make work, than about technology.

Dancing with Bodies, Hands, and Hearts with Rev. Bill Clark

This workshop will be a combination of movement with language. We will be exploring moving our bodies to music (mostly club music one can dance to) and learning how to apply American Sign Language to the words and music. This will include some basic ASL interpreting skills and applying them to some of your favorite songs and music. The group may work on one song together or if time permits on individual songs from members. It will be fun with lots of laughter and dancing.

Visual Arts Workshop with Nancy W. Taylor: Pique Assiette Mosaics

Learn the art of broken dish mosaics also know as Pique Assiette. (French for stolen dish.) Pique Assiette is a form of art similar to mosaic but specifically uses broken plates and the like arranged in patterns or designs. Who knew breaking dishes could be so much fun. Using dishes, china, cups, tiles and found objects you will complete a mirror frame and if time allows a few pieces of jewelry. Learn the art of safely breaking the dishes and gluing the bits and pieces on the wood frame. (Safety goggles provided). Later in the week we will grout and seal the frame. You are welcome to bring a few plates of your own. Dishes should be similar in thickness. I will have plenty of dishes for you to use but the more variety the better. So put on your goggles, grab a hammer and start smashing. Supplies fee of \$7 to 10.

SILENT AUCTION / LIVE AUCTION

Please bring something to donate to the Art Auction. You may also donate art work that you do on the island. Donated work should be original, hand-made and meaningful to Star Arts. Proceeds from the Art Auction help support the Star Arts Scholarship Fund,

which is used to bring Shoalers to Star who might otherwise be unable to come – a truly worthy cause! Don't forget your checkbook! There will be many items available in the Silent and the Live Auction!

WHAT TO BRING AND HOW TO PACK IT ALL

We hope for sun, but we will “enjoy” a variety of weather. Think layers, since days usually start out cool, may get quite warm by early afternoon and cool down at night. Sweatshirts, long pants, warm socks (several pair), windbreakers and rain gear are suggested. Also tee shirts, shorts and sandals! Bring sunscreen, sunglasses, swimwear, a hat and mosquito repellent. The island terrain is rocky, so water shoes, sneakers or other sturdy shoes are a necessity. Bring enough clothes to last the week, as laundry facilities are not available. Bring a dressier outfit for our Friday night art show, photography slide show, dinner, and talent show! Island rooms have no locks – Leave your valuables at home. Electric service is limited. Do not bring appliances with heating elements, as their use is strictly forbidden in your bedroom. Outlets for hair dryers are available only in a few bathrooms.

Other items you will find helpful to have:

Flashlight, extra reading glasses, gloves, scarves, dancing shoes, aspirin, ibuprofen, water bottle, water shoes, battery-operated clock, shampoo + conditioner, moisturizer, lip balm, binoculars, botany/bird guide, camera, books, cell phone chargers, sheet music, writing journal.

NEW: If you want to bring your own thermal coffee mug, please do! Your coffee will stay warm longer, and fewer cups will need to be washed.

Sports and Music – Bring your tennis racquet and sleeve of balls, your baseball glove and your Frisbee. The StarArts bunch are very musical and you will find a willing audience if you want to bring any musical instruments!

Arts supplies – There will be quite a few plein air painters scattered around the island in the afternoon. Bring your easel, paints, brushes and canvases. There will be lots of company! If you want to present your art in a mat frame, bring a few with you.

- Small carry-on bags (a backpack or zippered tote, including your personal items)
- Prescriptions must be included in carry-on bags, not checked!
- A specialty item (easel, musical instrument, etc.)
- RECOMMENDED: Checked baggage (preferably soft-sided duffel/no wheels):
 - One checked bag – limit 40 lbs. per person, OR
 - Two smaller checked bags – limit 25 lbs. per bag per person (**PREFERRED**)

If possible, please use duffel or soft sided bags. Keep in mind the safety of the luggage handling crew and be aware that luggage will be passed on and off the boat and over

the railings. Loosely packed items run the risk of being dropped in the water during handling. Carry-on luggage is limited to what will fit on your back, under the seat, or in your lap.

There will be a scale in place at the “check in” station in Portsmouth to determine luggage weight. Carry-on items are the responsibility of the passengers.

All luggage must be labeled with your name, address and phone number before you arrive at the dock. It’s a good idea to put a label **INSIDE** your bags as well. Color coded room tags will be provided by the island staff when conferees check in at the dock in Portsmouth, and should be affixed to the “checked” luggage item. Put valuable items and anything you cannot live without – glasses, medicines, contact lenses, etc. – in your carry-on luggage.

Individuals over the age of 21 who wish to bring their own private alcoholic beverages must pack them in their checked luggage, not in their carry-on. The Thomas Loughton will not permit the consumption of private alcoholic beverages on their boat, although they do offer them for sale.

Your luggage will be sent to the island on a separate boat, and then unloaded and delivered to your room. The Star Island Corporation is not responsible for replacement or repair of conferee luggage lost or damaged in transport.

ARRIVING AT PORTSMOUTH, PARKING & COSTS

IMPORTANT: Bring a spare car key with you.

Once you arrive at the Portsmouth dock, check in with a SIC parking attendant. The attendant will have a conference list to confirm that you are going to Star Island, and when you are returning. It is essential that the SIC staff know every conferee’s date of departure before arrival so that the parking lot can be organized accordingly. A designated SIC staff member will be collecting and labeling keys so that, in the event of a departure date change, SIC staff or ISSCo. Staff may have access to cars that need to depart early. Car keys will be stored safely with the Isles of Shoals Steamship Company until conferees’ return to Portsmouth. At that time, keys will be returned to conferees.

Once you have been checked in, SIC staff will direct you to the Star Island parking area where staff will be waiting to give parking instructions. You will park your car **BEFORE** unloading luggage. After parking your car, staff will help transport your luggage to the luggage boat. Luggage will not be taken aboard the Thomas Loughton; rather, it will be transported on a different boat. Although your luggage will be on a different boat, make sure you keep your carry-on bags (with those items you can’t live without) with you on the Thomas Loughton. **MAKE SURE YOU HAVE YOUR NAME AND ADDRESS ON ALL OF YOUR BAGS.**

The fee for parking is \$12 per vehicle, per night, \$84 for the week. This charge will appear on your room & board bill when you check out at the end of the week.

If for any reason your car must be parked outside of the designated parking area, you MUST report to the Pelican on duty to receive further instructions, including what to do with your keys. Vehicle owners who park their cars outside the designated parking area but don't check in with the Pelican on duty will have their vehicle towed at their own expense. The Star Island Corporation and the Pease Development Authority, Division of Ports and Harbors, assume no responsibility for cars parked in the designated Star Island parking lot.

If you are arriving on a day other than your conference start date, or leaving before the Conference is over, you must first inform the Conference Registrar, Barbara Reynolds at stararts.registrar@gmail.com. When you arrive at the dock, check in with the Steamship Company parking lot attendant to receive instructions about where to park, so that you are not blocked in by other cars when you need to leave. Then, immediately upon your arrival on Star, you must check in with the front desk staff to ensure that they know of your travel plans.

If you are on the Saturday Conference Boat, there are NO BOAT TICKETS. Your boat fare is included in your room and board bill, including Conference Overnight Guests. If you require boat transportation other than the regular conference Saturday arrival and departure, you must let Barbara Reynolds (stararts.registrar@gmail.com) know which boat you are on: both the boat (the Thomas Loughton or Uncle Oscar), plus the departure time you plan to take. We will put you on the boat list once we get that information. If you are not taking the Thomas Loughton, you must make your own arrangements with the Uncle Oscar in Rye, NH, at [603-964-6446](tel:603-964-6446). <http://www.uncleoscar.com/>

If you come to Star or leave on a boat other than the Thomas Loughton, you will have to pay for that ticket separately, in addition to your room and board charge.

NEW: For people NOT taking the Saturday Conference Boat at 2:55 but coming out to the island on the Thomas Loughton or Challenger, travel vouchers will be sent to your email address. You will have to present the voucher to the ticket office.

Once your car and luggage are properly taken care of, pick up your name tags from one of our volunteers. Put them on and don't take them off until you return to your car the following Saturday!

BOARDING THE BOAT

11:00 am – 1:00 pm ARRIVE at Portsmouth Dock

Conferees arriving after 1:00 run the risk of not having their checked luggage delivered to the island until Monday afternoon, and also possibly missing the Thomas Loughton. With limited showers and having only the clothes on your back, it does not make for a fun time! Be on time! Remember, your luggage will be going out on a luggage boat that will leave Portsmouth BEFORE the Thomas Loughton, **so you MUST be at the dock by 1:00 to ensure your luggage makes the Saturday luggage boat.**

After checking in, dropping off your luggage, picking up your name tag, go into town, just a few blocks away, for lunch or some quick shopping. Be back on the dock by 2:00.

2:25 pm BOARD the Thomas Loughton

2:55 pm DEPARTURE

3:55 pm ARRIVE at Star Island

NOTE: There are no other boats going to Star Island after the Conference Boat. If you miss the boat, you will have to stay over in Portsmouth and come out the next day. DON'T MISS THE BOAT!

WHEN YOU REACH THE ISLAND

WELCOME! Register at the Front Desk and then check the Starboard (chalkboard with information about all conference activities) located in the lobby. We will have cookies on the front porch of Oceanic. Please wait until AFTER ORIENTATION to go to your rooms. This gives the Island staff time to unload your luggage and deliver it to your room. This travel day is a LONG day. Please bring your patience and sense of humor.

There will be an optional New Shoaler Orientation in the Lobby. The time will be posted at the Dock.

There is a MANDATORY Fire and Water Orientation in Elliot very soon after arrival. Do not go to your room before this meeting. Everyone must attend – no excuses! The time will be posted at the Dock.

There is a 5:30 Social Hour. Optional of course!

Dinner is at 6:30.

Chapel is at 9:30. Optional of course!

The Snack Bar is open for Lime Rickeys, ice cream and other snacks in the evening.

11:00 starts “quiet time”.

ON THE ISLAND

Medical Care: There is a nurse available for emergencies at all times. Regular clinic hours at the First Aid Station are one hour before each meal. Due to increasing costs of medical supplies, the Island has instituted a \$10 flat service fee per person with your initial visit to the First Aid Station. There will be no additional fee for follow-up visits for the same medical problem. There will be no charge for retrieval of prescription drugs stored at the First Aid Station. Be sure to alert the Island and Chairs of any significant change in your health status or any illness/allergy/disease we should be aware of. Please note that under the best of circumstances it can take two hours to transport someone from the island to the hospital. A new transport service has been implemented through DART (Dartmouth Air Rescue Transport) but is restricted to life threatening emergencies with a cost charged to the patient in the \$17,000 range.

Money: At the Bookstore and Gift Shop you will be able to establish accounts that can be paid by check, cash, American Express, Visa or MasterCard at the end of the week. The Snack Bar currently will accept cash, checks, credit cards or you can charge to your room. You can cash personal checks on the Island, up to \$100 total for the week. Hotel bills can be paid by American Express, Discover, Visa or MasterCard, check or cash, beginning on Sunday. The preferred method of payment is cash or check.

Bring your check book for the Arts Auction and the Annual Fund (if you haven't already donated!) All bills and accounts must be paid before you leave the island.

Bring cash for Social Hour. All Social Hour proceeds go toward scholarships for Arts. The recommended contribution is \$5.00 per day.

Pelican Gratuities: The Conference Center is staffed by a group of young people affectionately known as "Pelicans". Pelicans are paid as salaried employees and gratuities cannot be accepted. To show your appreciation, please contribute to the Annual Fund, which also benefits the Pelicans.

IMPORTANT ISLAND POLICIES AND REQUESTS:

1. Firearms and Fireworks of any kind are strictly prohibited. Violators will be required to leave the island on the next boat with no refund of fees deposits or costs.
2. Alcoholic beverages may not be consumed in public spaces on the Island unless such activity is directly related to a conference sponsored event. There is no tolerance for alcohol consumption by anyone under the age of 21, nor any illegal drug use by anyone in the Conference. Violators will be required to leave the island on the next boat with no refund of fees deposits or costs.
3. Smoking and open flames (e-cigarettes, matches, candles, etc.) are prohibited in all Star island buildings, on the grounds on any part of the Island, including the rocks, with the exception of a conference sponsored bonfire. Smoking is only allowed while in the presence of a red cigarette butt can and these cans cannot be moved. Violators will be required to leave the island on the next boat with no refund of fees deposits or costs.
4. Oxygen or helium bottles cannot be transported on the boat.
5. Fire Drill / Emergency Drills are conducted weekly. There are two fire alarms – the blaring of horns, sirens and electric bells and the rapid and continuous ringing of the porch bell and/or the chapel bell. When you hear the fire/emergency signal, you **MUST** evacuate to the flagpole on the front lawn and await instructions. Violators will be required to leave the island on the next boat with no refund of fees deposits or costs. If you have mobility issues, you need to notify Barbara Reynolds, Registrar at stararts.registar@gmail.com.
6. Use environmentally safe products (toiletries) on the Island and recycle as much as you can. If you arrive with any bottles, cans or batteries, please leave with them, even if they are empty.

7. Visitors – The Front Desk must be notified of guests visiting conferees for a day trip one day in advance. Meals for these visitors must be arranged through the Conference Chairs prior to the day of arrival and on a “space available” basis. Visitors eating in the Dining Hall must be signed in and are expected to pay for their meals in advance at the Front Desk.

Star Island Annual Fund

Room and board fees do not cover the cost of maintaining Star Island. All of us need to contribute to the Star Island Annual Fund. Grants and outside funding sources require 100% member participation for their funding, therefore, we ask that you give whatever you can afford to the Annual Fund, as there cannot be a Star Arts Conference without Star island.

RETURNING TO PORTSMOUTH

After arriving back in Portsmouth from our week on Star, the Steamship Company asks that we pack our cars and move them out of the lot quickly. If you are going into town for lunch or shopping, please move your car out of the ferry parking lot. The lot needs to be empty before 11:00 when the next conference begins to arrive.

AND FINALLY...

A big Thank You to the Old Shoalers for coming back and to the New Shoalers for becoming members of Star Arts! Please step up and volunteer. We are a true community and the week works best when everyone participates!

The Star Arts Conference Steering Committee looks forward to greeting you on the dock with the Star Island cheer: S-T-A-R S-T-A-R Oceanic Oceanic Rah Rah Rah! You DID come back! You DID come back!

See you on the dock!

Barbara Reynolds

Registrar, Star Arts